

Making the right
choices when it
comes to
computers and
the social media



Social Media, Computer, Texting etc,

You accidentally visit an inappropriate website, what should be your response?

- [A.](#) Briefly review the site.
- [B.](#) Immediately leave the site and do not return to the site.
- [C.](#) Put the site in your favorites to visit later.



Wrong
answer

- Put the site in your favorites to visit later; Revisiting an inappropriate site could harm your life.



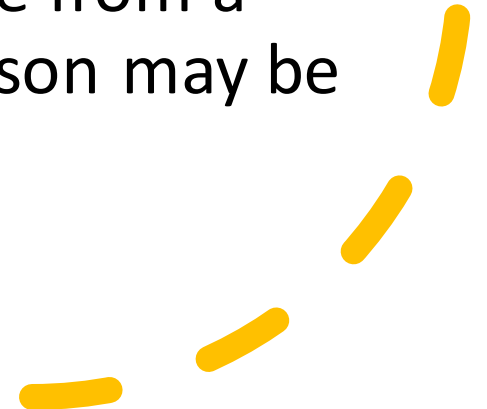
Social Media, computers, Texting, etc.

- You accidentally visit an inappropriate website; what should be your response?
- **Wrong answer**
- Briefly reviewing the site or booking the site for later access should not be an option. An inappropriate site can complicate a person's life and usher in a new problem set. Life is filled with enough problems.



Right answer

- **Devise a plan to decrease Facebook time, and if you need help decreasing Facebook time, talk with a responsible adult, and take an inventory of your life to find other ways to spend your time.**
- If a social media obsession takes over, it is essential to devise a plan to address the problem. If the program fails to produce positive results, seeking advice from a parent or another trusted person may be advised.



Texting is interfering with your chores; what should be your response?

- A. Send a few texts and kindly tell your friend that you are busy and if your schedule permits you will text them later.
- B. Stop texting altogether.
- C. Send a negative text and tell your friend not to send any more text.





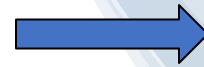
Wrong answer

- Stop texting altogether or sending a negative text are not the best options. If a person enjoys texting, it is essential to control the texting rather than let the texting control you. Stop texting altogether.



Right answer

- You and your friend get caught in a cycle of texting it is interfering with your chores; what should be your response?
- Send a few texts and kindly tell your friend that you are busy and your schedule.



Wrong answer

- **Your peers post a negative comment on your Facebook site; what should be your response?**
- Ignoring or returning negative text should not be an option. Ignoring a negative text or post can lead to rumors and false information. **Ignore the posting and take no action.**



Wrong answer

- **Your peers post a negative comment on your Facebook site; what should be your response?**
- Ignoring or returning negative text should not be an option. Ignoring a negative text or post can lead to rumors and false information. **Ignore the posting and take no action.**



Your peers post a negative comment on your face book site, what should be your response?

- A. Ignore the posting and take no action.
- B. Return the favor by posting something negative on their site.
- C. Report the posting as abusive and then block future posts from the individual.



Right
answer

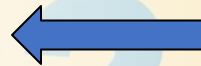
Report the posting as being negative and block future posts from that individual.

Reporting or blocking negative posts is the best option, although the person doing the posting may have mental health issues. Check with the authorities if you think some mental or criminal matters are involved in the postings.



Wrong answer: Ignore the posting and take no action.

- **Your peers post a negative comment on your Facebook site; what should be your response?**
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Wrong answer

- **Your peers post a negative comment on your Facebook site; what should be your response?**
- Ignoring or returning negative text should not be an option. Ignoring a negative text or post can lead to rumors and false information.
Ignore the posting and take no action.



Wrong answer

- Returning a negative post is not the best option. If a person enjoys texting, it is essential to control the texting rather than let the texting control you.



Facebook and Instagram have become an obsession; you cannot stay off the sites; what should be your response?

- A. Continue to spend a lot of time on the site; it is customary to spend a lot of time on Facebook and Instagram.
- B. Accept the fact that everyone is on Facebook, there is no cause for concern.
- C. Devise a plan to decrease your social media time, and if you need help talk with a responsible adult to discuss other alternatives to spending your time.

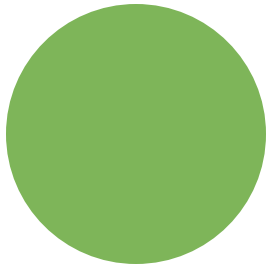


Wrong answer

- Facebook has become an obsession; you cannot stay off Facebook; what should be your response?
- Obsessive time spent on various social sites can interfere with achieving other goals and objectives. Continue to spend a lot of time on the site; it is customary to spend excessive time on Facebook.

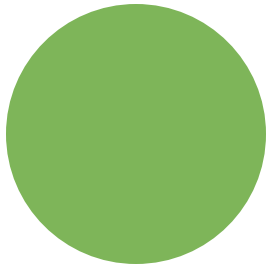


Right Answer



- **Devise a plan to decrease Facebook time, and if you need help decreasing Facebook time, talk with a responsible adult, and take an inventory of your life to find other ways to spend your time.**
- If a social media obsession takes over, it is essential to devise a plan to address the problem. If the program fails to produce positive results, seeking advice from a parent or other trusted person may be advised.





Wrong
answer

Accept that everyone is on Facebook, and there is no cause for concern.

Facebook has a lot of benefits; it is the next best thing to face to face communication. It is essential to control face book rather than to allow Facebook to take over and be in control.



Texting has taken over your life you are caught up in a cycle of texting back and forth with little motivation to stop.

A. Regardless of the consequence, do what you want to do.

B. Accept excessive texting as a good way to relieve stress.

C. Accept the fact that texting is taking over a large segment of life and that it is interfering with your achieving your goals and objectives, therefore; seek advice from a responsible adult to solve the problem.



Wrong answer

- **Texting has taken over your life. You get caught up in a cycle of texting back and forth with little control or motivation to stop.**
- **Do what you enjoy doing regardless of the consequence;** ignoring a significant problem can be the worst option. Problems tend to increase when they are not adequately addressed. Texting is a good way of communicating; it saves time, but excessive texting can interfere with achieving other goals and objectives.





Wrong answer Accept
excessive texting as an
excellent way to relieve stress

- It is essential to know when to hold and fold texting. Like anything else, controlling a function is necessary rather than allowing it to be in control. It is also essential to know when and where to text.



Right answer

Accept the fact that texting is taking over a large segment of life and that it is interfering with you achieving your goals and objectives; therefore; seek to advise from a responsible adult to solve the problem.

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There is the tragic story of a young man and a young lady texting each other. The young man was driving, and the young lady was walking. They were so focused on texting that they were unaware of how close they were.

The young lady was tragically killed when she walked in front of the young man's car. The young lady lost her life at a young age. The young man was never the same after accidentally killing one of his best friends. It is essential not to text when walking or driving.



Tweeting has become an obsession the thrill of increasing your tweeter followers is intoxicating, what should be your response?

- A. Try to compete with others in building up your followers.
- B. Have no limit to the amount of time you spend tweeting.
- C. Be realistic take control of the habit before it takes control of you.

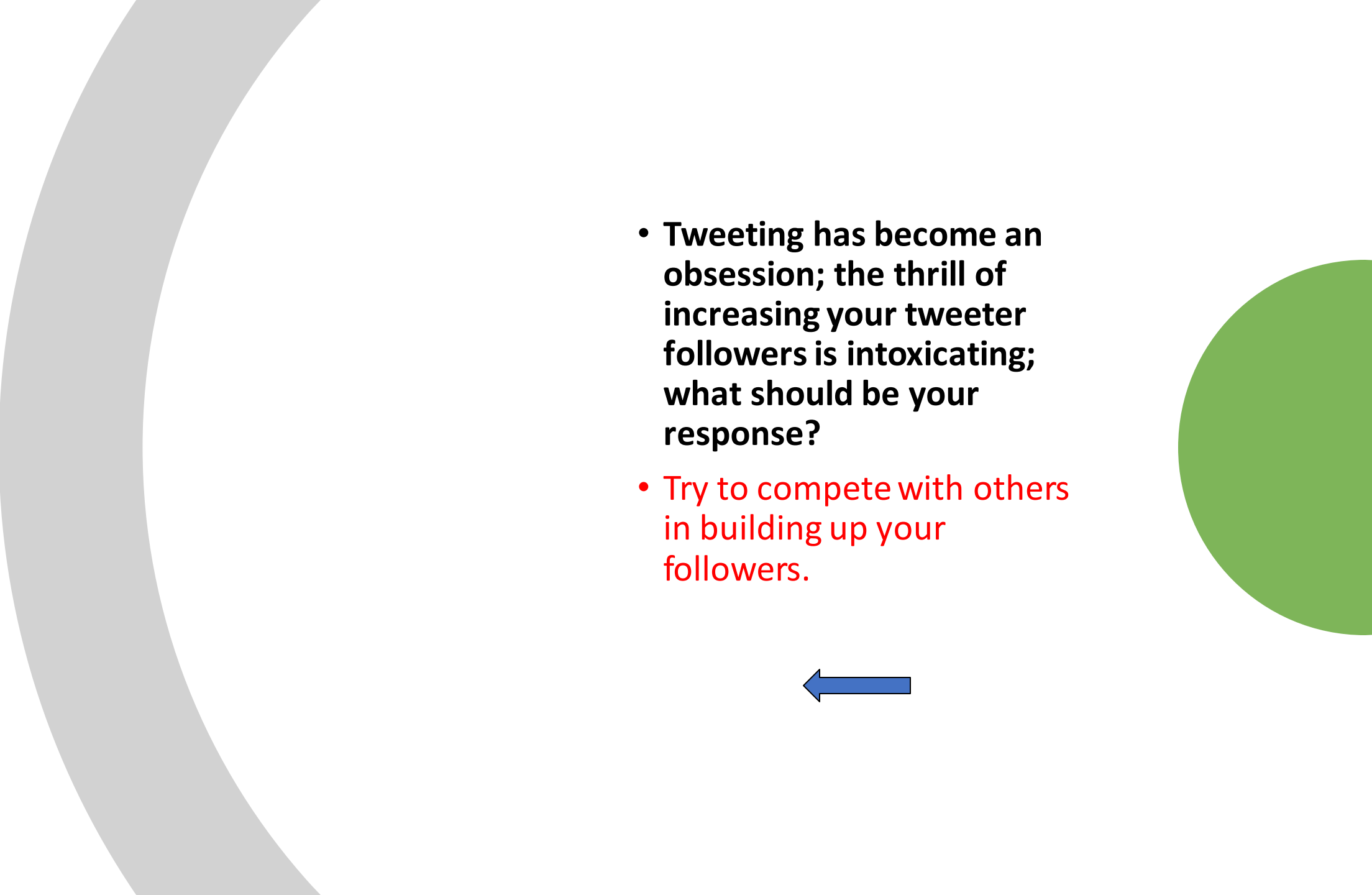


Wrong
answer

Have no limit to the amount of time you spend tweeting.

It is essential to be conscious of the amount of time spent tweeting. Increasing the number of followers should not be the primary goal because someone else will exceed your number of followers.



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- **Tweeting has become an obsession; the thrill of increasing your tweeter followers is intoxicating; what should be your response?**
 - **Try to compete with others in building up your followers.**





Right answer

- **Be realistic and take control of the habit before it takes control of you.**
- Tweeting is growing in popularity; it is a form of communication that has the potential for great rewards if you are trying to promote or sell something. Tweeting is also a social media that can control a person's life, and it has the potential to build friendships or destroy relationships.
- It is essential to think before you tweet. Many people have gotten into trouble because they tweeted something poorly thought out. Once a Tweet is published, it cannot be taken back.



Wrong
answer

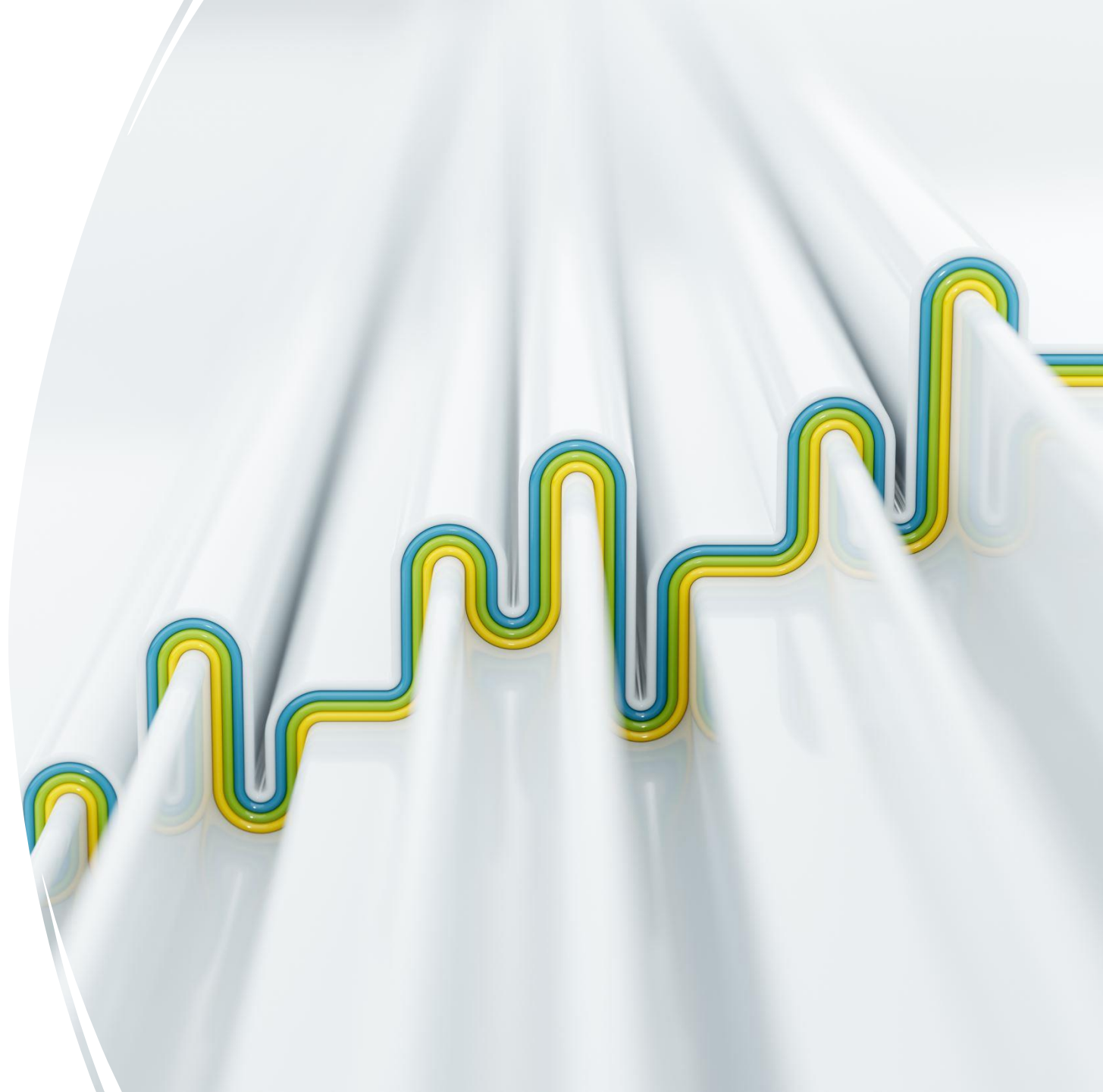
Have no limit to the amount of time you spend tweeting.

It is essential to be conscious of the amount of time spent tweeting. Increasing the number of followers should not be the primary goal because someone else will exceed your number of followers.



YouTube is your favorite entertainment media you are obsessed with visiting numerous sites, what should be your response?

- A. Enjoy YouTube; you can find a lot of information for school and other areas.
- B. Stop viewing YouTube; it is taking up too much of your time.
- C. Monitor the time you are spending on YouTube; make sure you can achieve your primary goals and objectives.



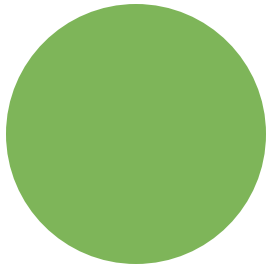


Wrong answer

- Stop viewing YouTube because it takes up too much of your time.
- You tube is an excellent social and information media. Lots of valuable information is on YouTube. Like any other social media, it is essential to monitor the time spent on YouTube because YouTube can interfere with another essential task.



Wrong Answer



- YouTube is your favorite entertainment media; you are obsessed with visiting numerous YouTube sites; what should be your response
- Enjoy YouTube; it is a valuable source of information.





Right answer

- **Monitor the time you are spending on YouTube and ensure that you can achieve your primary goals and objectives.**
- It is essential to remember that the time spent on YouTube decreases precious face-to-face time. Suppose YouTube or any other social media interferes with forming healthy relationships. In that case, it is time to take a personal inventory and determine if the time spent on social media sites should be decreased.



You visit a
website that
advocates
hate, self-
destruction,
or sexual
exploitation.

A. Immediately leave the website
without reading the resource
material.

B. Read the site material; you can
learn something.

C. Revisit the site; pick and choose what
is positive and negative.

Wrong
answer

- Read the site material so you can learn something.



Right Answer

You visit a website that advocates hate, self Destruction, or sexual exploitation.

- **Immediately leave the website without reading the resource material.**
- There is a saying you cannot fight fire with fire without getting burnt. Immediately leaving the site without reading the resource information is the best option. Exposure to negative or sexual exploitive materials can be harmful, especially to a young mind.



Wrong answer

Revisit the site pick and choose what is positive and what is harmful..

- Reading the site information or material should never be an option. Revisiting the site and choosing what is positive and negative also should not be an option.

